



Recall the Promises. Rekindle the Fervor. Reconquer the Nation.

## PRAYERS TO THE SACRED HEART OF JESUS

*"And He showed me that it was His great desire of being loved by men and of withdrawing them from the path of ruin into which Satan hurls such crowds of them, that made Him form the design of manifesting His Heart to men, with all the treasures of love, of mercy, of grace, of sanctification and salvation which it contains, in order that those who desire to render Him and procure for Him all the honor and love possible, might themselves be abundantly enriched with those divine treasures of which this Heart is the source.*

*"He should be honored under the figure of this Heart of flesh, and its image should be exposed...He promised me that wherever this image should be exposed with a view to showing it special honor, He would pour forth His blessings and graces. This devotion was the last effort of His love that He would grant to men in these latter ages, in order to withdraw them from the empire of Satan which He desired to destroy, and thus to introduce them into the sweet liberty of the rule of His love, which He wished to restore in the hearts of all those who should embrace this devotion."..... "The devotion is so pleasing to Him that He can refuse nothing to those who practice it."*

From Revelations of Our Lord to St. Margaret Mary Alacoque

---

There are many prayers and acts of Devotion to the Sacred Heart. We suggest a few:

- **Act of Consecration to the Sacred Heart of Jesus**
- **Act of Reparation**
- **Enthronement of the Sacred Heart Ceremony**
- **Prayer of Saint Thomas Aquinas before a Crucifix (adapted to the Sacred Heart)**
- **Indulgenced Prayers to the Sacred Heart**
- **The Litany of the Sacred Heart**



### **Act of Consecration to the Sacred Heart of Jesus**

Most Sacred Heart of Jesus, I consecrate myself to Thy Most Sacred Heart. Take possession of my whole being; transform me into Thyself. Make my hands Thy hands, my feet Thy feet, my heart Thy Heart. Let me see with Thine eyes, listen with Thine ears, speak with Thy lips, love with Thy heart, understand with Thy mind, serve with Thy will, and be dedicated with my whole being. Make me Thine other self. Most Sacred Heart of Jesus, send me Thy Holy Spirit to teach me to love Thee and to live through Thee, with Thee, in Thee and for Thee.

Come, Holy Spirit, make my body Thy temple. Come, and abide with me forever. Give me the deepest love for the Sacred Heart of Jesus in order to serve Him with my whole heart, soul, mind and strength. Take possession of all my faculties of body and soul. Regulate all my passions: feelings and emotions. Take possession of my intellect, understanding and will; my memory and imagination. O Holy Spirit of Love, give me an abundance of Thine efficacious graces. Give me the fullness of all the virtues; enrich my faith, strengthen my hope, increase my trust, and inflame my love. Give me the fullness of Thy sevenfold gifts, fruits and beatitudes. Most Holy Trinity, make my soul Thy sanctuary.



### ACT OF REPARATION

Sacred Heart of Jesus, animated with a desire to repair the outrages unceasingly offered to Thee, we prostrate before Thy throne of mercy, and in the name of all mankind, pledge our love and fidelity to Thee!

The more Thy mysteries are blasphemed, the more firmly we shall believe them, O Sacred Heart of Jesus!

The more impiety endeavors to extinguish our hopes of immortality, the more we shall trust in Thy Heart, sole hope of mankind!

The more hearts resist Thy Divine attractions, the more we shall love Thee, O infinitely amiable heart of Jesus!

The more unbelief attacks Thy Divinity, the more humbly and profoundly we shall adore It, O Divine Heart of Jesus!

The more Thy holy laws are transgressed and ignored, the more we shall delight to observe them, O most holy Heart of Jesus!

The more Thy Sacraments are despised and abandoned, the more frequently we shall receive them with love and reverence, O most liberal Heart of Jesus!

The more the imitation of Thy virtues is neglected and forgotten, the more we shall endeavor to practice them, O Heart, model of every virtue!

The more the devil labors to destroy souls, the more we shall be inflamed with desire to save them, O Heart of Jesus, zealous Lover of souls!

The more sin and impurity destroy the image of God in man, the more we shall try by purity of life to be a living temple of the Holy Spirit, O Heart of Jesus!

The more Thy Holy Church is despised, the more we shall endeavor to be her faithful children, O Sweet Heart of Jesus!

The more Thy Vicar on earth is persecuted, the more we will honor him as the infallible head of Thy Holy Church, show our fidelity and pray for him, O kingly Heart of Jesus!

O Sacred Heart, through Thy powerful grace, may we become Thy apostles in the midst of a corrupted world, and be Thy crown in the kingdom of heaven.

Amen.

## ENTHRONEMENT OF THE SACRED HEART CEREMONY

Preparation: It is good if all can attend Mass that day and receive the Eucharist. If a priest won't be present for the Enthronement Ceremony, an image of the Sacred Heart will have already been blessed. The wall will have already been prepared for hanging the image (if it's to be hung on the wall), flowers and such should adorn the table or mantle under where the picture will be placed/hung, the frame for the Certificate and the Certificate itself should be ready, refreshments will already have been prepared, Sacred Scripture will be handy, any candles used should be lit, etc. If a priest will be attending the ceremony, it is good to have him bless your home.

All are seated while the father explains what is about to happen. The priest or natural father may begin with a short talk on the meaning and importance of the Enthronement, and comment on various steps of the ritual.

V. Our help is in the Name of the Lord.

V. Adjutorium nostrum in nomine Domini.

R. Who made Heaven and earth.

R. Qui fecit coelum et terram.

V. The Lord be with you.

V. Dominus vobiscum.

R. And with your spirit.

R. Et cum spiritu tuo.

Let us pray. Almighty and everlasting God, who dost approve the painting and sculpturing of the images of Thy Saints, so that as often as we gaze upon them we are reminded to imitate their deeds and sanctity; vouchsafe, we implore Thee, to bless and sanctify this image made in honor and in memory of the Most Sacred Heart of Thy only begotten Son, our Lord Jesus Christ; and grant, that whosoever in its presence, will suppliantly worship and honor the Most Sacred Heart of Thy only begotten Son, may obtain through His merits and intercession grace in this life and everlasting glory in the world to come. Through Christ our Lord. Amen.

Oremus. Omnipotens sempiternae Deus, qui sanctorum tuorum imagines pingi non reprobas, ut quoties illas oculis corpora intuemur, toties eorum actus et sanctitatem ad imitandum memoriae oculis meditemur, hanc quaesumus, imaginem in honorem et memoriam Sacratissimi Cordis Unigeniti Filii tui Domini Nostri Jesu Christi adaptatam bene + dicere et sancti + ficare digneris; et praesta ut quicumque coram illa, Cor Sacratissimum Unigeniti Filii tui suppliciter colere et honorare studuerit, illius meritis et obtentu a te gratiam in praesenti, et aeternam gloriam obtineat in futurum. Per Christum Dominum nostrum. Amen.

The priest or natural father now sprinkles the image with holy water. Then the father, or in his absence, the mother or some other member of the family, enthrones the image in the place of honor prepared for it. This is the symbolic act of Enthronement. All stand.

I believe in God, the Father almighty, Creator of Heaven and earth, and in in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Ghost, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell. On the third day He rose again. He ascended into Heaven, and is seated at the right hand of God the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae. Et in Iesum Christum, Filium eius unicum, Dominum nostrum, qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et sepultus, descendit ad inferos, tertia die resurrexit a mortuis, ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis, inde venturus est iudicare vivos et mortuos. Credo in Spiritum Sanctum, sanctam Ecclesiam Catholicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam. Amen.

All sit and remain seated while the priest or natural father addresses a few words to those present, reminding the members of the family of what the Sacred Heart expects from families which have acknowledged Him as King; recalling the magnificent promises of the Sacred Heart; urging the family to live its Enthronement and frequently to renew the act of consecration which they are about to make.

Then all kneel, while the priest and the father [or father alone, or his representative] recite the official Act of Consecration.

O Sacred Heart of Jesus, who didst make known to St. Margaret Mary Thine ardent desire to reign over Christian families, behold us assembled here today to proclaim Thine absolute dominion over our home.

Henceforth we purpose to lead a life like unto Thine, so that amongst us may flourish the virtues for which Thou didst promise peace on earth, and for this end \* we will banish from our midst \* the spirit of the world which Thou dost abhor so much.

Thou wilt reign over our understanding by the simplicity of our faith. Thou wilt reign over our hearts by an ardent love for Thee; and may the flame of this love be kept burning in our hearts by the frequent reception of the Holy Eucharist.

Deign, O Divine Heart, to preside over our meetings, to bless our undertakings, both spiritual and temporal, to banish all worry and care, to sanctify our joys and soothe our sorrows. If any of us should ever have the misfortune to grieve Thy Sacred Heart, remind him of Thy goodness and mercy toward the repentant sinner.

Lastly when the hour of separation will sound and death will plunge our home into mourning, then shall we all and everyone of us be resigned to Thy eternal decrees, and seek consolation in the thought that we shall one day be reunited in Heaven, where we shall sing the praises and blessings of Thy Sacred Heart \* for all eternity.

May the Immaculate Heart of Mary and the glorious Patriarch St. Joseph offer Thee this our Consecration, and remind us of the same all the days of our life.

Glory to the Divine Heart of Jesus, our King and our Father!

Now all pray the one Pater, one Ave, and one Glory Be:

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done on earth, as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Pater noster, qui es in caelis, sanctificetur Nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in caelo et in terra. Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem, sed libera nos a malo.

Hail Mary, full of Grace, the Lord is with thee. Blessed art thou among women, and blessed is the Fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and in the hour of our death. Amen.

Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui, Iesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc, et in hora mortis nostrae. Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Gloria Patri, et Filio, et Spiritui Sancto. Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.

Now all pray a prayer of thanksgiving:

Glory be to Thee, O Sacred Heart of Jesus, for the infinite mercy Thou hast bestowed upon the privileged members of this family. Thou hast chosen it from thousands of others, as a recipient of Thy love and a sanctuary of reparation wherein Thy most loving Heart shall find consolation for the ingratitude of men.

How great, O Lord Jesus, is the confusion of this portion of Thy faithful flock as we accept the unmerited honor of seeing Thee preside over our family! Silently we adore Thee, overjoyed to see Thee sharing under the same roof the toils, cares and joys of Thy children! It is true, we are not worthy that Thou shouldst enter our humble abode, but Thou hast already reassured us, when Thou didst reveal Thy Sacred Heart to us, teaching us to find in the wound of Thy Sacred Side the source of grace and life everlasting. In this

loving and trusting spirit we give ourselves to Thee, Thou who art unchanging Life.

Remain with us, Most Sacred Heart, for we feel an irresistible desire to love Thee and make Thee loved. May our home be for Thee a haven as sweet as that of Bethany, where Thou canst find rest in the midst of loving friends, who like Mary have chosen the better part in the loving intimacy of Thy Heart!

May this home be for Thee, O be. loved Savior, a humble but hospitable refuge during the exile imposed on Thee by Thine enemies.

Come, then, Lord Jesus, come, for here as at Nazareth, we have a tender love for the Virgin Mary, Thy sweet Mother whom Thou hast given us to be our Mother. Come, to fill with Thy sweet presence the vacancies which misfortune and death have wrought in our midst.

O most faithful Friend, hadst Thou been here in the midst of sorrow, our tears would have been less bitter; the comforting balm of peace would then have soothed these hidden wounds, which are known to Thee alone.

Come, for even now perhaps, there is drawing near for us the twilight of tribulation, and the decline of the passing days of our youth and our illusions.

Stay with us, for already it is late, and a perverted world seeks to envelop us in the darkness of its denials while we wish to adhere to Thee who alone art the Way the Truth and the Life.

Repeat for us those words Thou didst utter of old: "This day I must abide in this home.

Yes, dear Lord, take up Thy abode with us, so that we may live in Thy love and in Thy presence, we who proclaim Thee as our King and wish no other!

May Thy triumphant Heart, O Jesus, be forever loved, blessed, and glorified in this home! Thy Kingdom Come! Amen!

All stand and thank the Immaculate Heart of Mary for the grace of the Enthronement, and to proclaim this loving Mother as the Queen of the home, all recite the Hail Holy Queen.

Hail holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

Salve, Regina, mater misericordiae: vita, dulcedo, et spes nostra, salve. Ad te clamamus exsules filii Hevae. Ad te suspiramus, gementes et flentes in hac lacrimarum valle. Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte. Et Iesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende. O clemens, O pia, O dulcis Virgo Maria. Amen.

Optional: If so desired, an Act of Consecration to the Heart of Mary may be added, and her image installed near the Sacred Heart.

Heavenly Mother Mary , I come to thy most lovable and sweet Heart, refuge of sinners. I offer myself to thee and consecrate my entire life to thine Immaculate Heart. In this consecration of my total person, I offer thee my body and soul with all its miseries and weaknesses. I offer thee my heart with all its affections and desires, my prayers, works, joys and sufferings. I offer thee every temptation that comes to me so that my every thought and desire may be purified through thy holy intercession.

My Queen, my Mother, I offer thee in consecration all sufferings which come into my life, both physical and spiritual. I offer thee especially my death with all that will accompany it. I offer thee my last agony. Accept all this, my Mother, and take all into thy Immaculate Heart as I give to thee irrevocably all that I am and all that I have, together with all property and possessions. I offer thee my family and all who are near and dear to me. Take them all into thine Immaculate Heart and keep us ever one in thy Son Jesus Christ.

I renew today the vows of my Baptism and Confirmation. Keep me ever faithful to God and to Holy Church, and loyal in obedience to the Holy Father, the Pope. I desire to pray the Rosary properly, meditating on its mysteries. I desire to participate in the Sacrifice of thy Son perpetuated at Holy Mass and receive Him frequently, even daily in Holy Communion. I attach special importance to the first Saturday of the month in reparation to thine Immaculate Heart and I will work for the conversion of sinners. I will strive to live daily the spirit of Eucharistic reparation.

O Queen of the Angels, my Queen and my Mother, I humbly prostrate myself before thee as I approach thee with my Guardian Angel. I desire all the holy Angels, and especially my Guardian, to venerate thee always as Queen of Heaven and Earth. Command my Guardian and all holy Angels to keep me always in thy love and in the union of grace with thy Divine Son. Send forth thy Angels to assist me in spreading devotion to thine Immaculate Heart so that through thine intercession there may be peace in the world and in the Church, and the Kingdom of Christ may come on earth as it is in Heaven. Amen.

The ceremony ends with a short litany:

V. Most Sacred Heart of Jesus  
R. Have mercy on us!  
V. Most Sacred Heart of Jesus  
R. Have mercy on us!  
V. Most Sacred Heart of Jesus  
R. Have mercy on us!  
V. Immaculate Heart of Mary  
R. Pray for us.  
V. St. Joseph  
R. Pray for us.  
V. St. Margaret Mary  
R. Pray for us.



All: Glory to the Most Sacred Heart of Jesus forever and ever! Amen.

The priest gives his blessing in the name of the Church, or the natural father gives a paternal blessing:

May the blessing of Almighty God, Father, Son and Holy Spirit, descend upon you and remain forever. Amen.

Then the members of the family and the priest sign the Certificate of the Enthronement, which should be framed and hung near the image of the Sacred Heart or kept in the family vault. After the ceremony, send in name and address of family to a Local Center or to the National Center. Give date of ceremony, name of officiating priest, if any, and parish.

Kindly supplied by the

**National Enthronement Center**

P.O. Box 111

Fairhaven, MA 02719-0111

Tel. (508) 999-2680

Fax (508) 993-8233

Email: [necenter@juno.com](mailto:necenter@juno.com)



**PRAYER OF SAINT THOMAS AQUINAS BEFORE A CRUCIFIX  
(adapted to the Sacred Heart of Jesus)**

Grant me, O merciful Sacred Heart of Jesus, that what is pleasing to Thee I may ardently desire, prudently examine, truthfully acknowledge, and perfectly accomplish for the praise and glory of Thy name. Ordain, O Sacred Heart, my whole life, and what Thou requirest that I should do, grant me to know it and to fulfill as is meet and profitable to my soul. Give me Thy grace, O Sacred Heart, that I may not fail in prosperity or in adversity, avoiding pride in the former and discouragement in the latter. May I rejoice in nothing but what leads to Thee, grieve for nothing but what turns away from Thee. May I wish to please or displease none but Thee.

May I despise, O Sacred Heart, all transitory things, and prize only that which is eternal. May I shun any joy that is without Thee, nor wish for anything outside of Thee. May I delight in any work taken up for Thee, and tire of any rest which is without Thee. Grant me, O Sacred Heart to direct my heart toward Thee, and in my failings constantly grieve, with the purpose of an amendment.

Make me, O Sacred Heart, obedient without contradiction, poor without depression, chaste without corruption patient without murmuring, humble without pretence, cheerful without dissipation, mature without dullness, prompt without levity, fearing Thee without despair, truthful without duplicity, doing good without presumption, correcting my neighbor without haughtiness, and edifying him by word and example without hypocrisy.

Give me, O O Sacred Heart, a watchful heart, which no curious thought will turn away from Thee; a noble heart, which no unworthy affection will drag down; a righteous heart, which no irregular intention will twist aside; a firm heart, which no tribulation will break; a free heart, which no violent affection will claim for itself.

Grant me finally, O Sacred Heart of Jesus, science in knowing Thee, diligence in seeking Thee, wisdom in finding Thee, a conduct pleasing to Thee, a perseverance trustfully awaiting Thee, and a confidence finally embracing Thee. May I endure Thy punishments by penitence; profit by Thy benefits by grace in this world, and enjoy Thy blessedness by glory in the next.

O Jesus, Meek and Humble of Heart, Make my heart like unto Thine, Thou who livest and reignest, true God, forever and ever.

Amen



## INDULGENCED PRAYERS TO THE SACRED HEART OF JESUS

### Novena to the Sacred Heart of Jesus

O most holy Heart of Jesus, fountain of every blessing, I adore You, I love You, and with a lively sorrow for my sins, I offer You this poor heart of mine. Make me humble, patient, pure and wholly obedient to Your will. Grant, good Jesus, that I may live in You and for You. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, Your blessing on all that I do, and the grace of a holy death.

*An Indulgence of 500 Days  
(Apostolic Brief, Dec. 4, 1915; S.P. Ap., Nov 8, 1934)*

---

## INDULGENCED EJACULATIONS TO THE SACRED HEART OF JESUS

May the Heart of Jesus be loved everywhere.

*Indulgence of 100 Days, once a day (Leo XIII, Sept 7, 1897)*

Jesus, meek and humble of Heart, make my heart like unto Thine.

*Indulgence of 300 Days (Pius X, Sept 15, 1905)*

May the Heart of Jesus in the most Blessed Sacrament be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time.

*Indulgence of 100 Days, once a day (Pius IX, Feb 29, 1868)*

Sweet Heart of my Jesus, make me love Thee ever more and more!

*Indulgence of 300 Days, each time (Pius IX, Nov 26, 1876)*

Sweet Heart of Jesus, be my love.

*Indulgence of 300 Days, once a day (Leo XIII, May 21, 1892)*

Heart of Jesus, burning with love of us, inflame our hearts with love of Thee.

*Indulgence of 100 Days, once a day (Leo XIII, July 16, 1893)*



## THE LITANY OF THE SACRED HEART OF JESUS

Lord, have mercy.  
 Christ, have mercy.  
 Lord, have mercy.  
 Christ, graciously hear us.  
 God, the Father of Heaven,  
     Have mercy on us.  
 God, the Son, Redeemer of the World...  
 God, the Holy Ghost, have mercy on us...  
 Holy Trinity, one God, have mercy on us...

Heart of Jesus, Son of the Eternal Father...  
 Heart of Jesus, formed in the womb of the Virgin Mother by the Holy Ghost...  
 Heart of Jesus, united substantially with the word of God...  
 Heart of Jesus, of infinite majesty...  
 Heart of Jesus, holy temple of God...  
 Heart of Jesus, tabernacle of the Most High...  
 Heart of Jesus, house of God and gate of heaven...  
 Heart of Jesus, glowing furnace of charity...  
 Heart of Jesus, vessel of justice and love...  
 Heart of Jesus, full of goodness and love...  
 Heart of Jesus, abyss of all virtues...  
 Heart of Jesus, most worthy of all praise...  
 Heart of Jesus, king and center of all hearts...  
 Heart of Jesus, in whom are all the treasures of wisdom and knowledge...  
 Heart of Jesus, in whom dwells all the fullness of the Divinity...  
 Heart of Jesus, in whom the Father is well pleased...  
 Heart of Jesus, of whose fullness we have all received...  
 Heart of Jesus, desire of the everlasting hills...  
 Heart of Jesus, patient and rich in mercy...  
 Heart of Jesus, rich to all who invoke Thee...  
 Heart of Jesus, fount of life and holiness...  
 Heart of Jesus, propitiation for our sins...  
 Heart of Jesus, saturated with reviling...  
 Heart of Jesus, crushed for our iniquities...  
 Heart of Jesus, made obedient unto death...  
 Heart of Jesus, pierced with a lance...

Heart of Jesus, source of all consolation...  
Heart of Jesus, our life and resurrection...  
Heart of Jesus, our peace and reconciliation...  
Heart of Jesus, victim for our sins...  
Heart of Jesus, salvation of those who hope in Thee...  
Heart of Jesus, hope of those who die in Thee...  
Heart of Jesus, delight of all saints...  
Lamb of God, who takes away the sins of the world, spare us, O Lord.  
Lamb of God, who takes away the sins of the world, graciously hear us, O Lord,  
Lamb of God who takes away the sins of the world, have mercy on us.

V. Jesus, meek and humble of Heart.  
R. Make our hearts like unto Thine.

Let us pray,

Almighty and everlasting God, look upon the Heart of Thy well-beloved Son and upon the acts of praise and satisfaction which He renders unto Thee in the name of sinners; and do Thou, in Thy great goodness, grant pardon to them who seek Thy mercy, in the name of the same Thy Son, Jesus Christ, who lives and reigns with Thee, world without end.

**[www.SacredHeartLegion.com](http://www.SacredHeartLegion.com)**